



## SKATE GAMES

# PIZZA BOX RELAY

### INSTRUCTIONS

This skating activity works well even if you have high numbers of students in your classroom. It is a relay that keeps all of your students moving so no one is standing around being inactive. Pizza Box Relay is a fast pace game so just like any other game it is important that safety and rules are enforced. The teacher sets the rules and regulations according to the facility they are using. It is recommended to set up a track around the gym using cones. The teacher also designates how many times the box carriers have to skate around the gym.

- 1 Establish teams (Try to even out the teams w/ approximately 5 people per team)
- 2 Give each person on a team a number (i.e. a team of 5 would be numbered 1-5)
- 3 To start the game; the 1st person of each team needs to hold a stack of pizza boxes (at least 5) then stand on the starting line while the rest of the class can be scattered throughout the designated skating area (see diagram below)
- 4 When the teacher signals for the 1st group of pizza box carriers to start they skate around the "track" in the gym along w/ the rest of the skaters (everyone starts skating at the same time.)
- 5 As soon as a box carrier finishes the required number of laps, they need to hand over the pizza boxes to the #2 person on their team. (This exchange needs to be done at the start/finish line.) This continues until each team member completes the required laps.
- 6 The winner is the first team to have all of their players complete the required laps.

Note: If a carrier drops any boxes, they need to stop, pick them up then continue skating

