



SKATE GAMES

4 – CORNER BASKETBALL

INSTRUCTIONS

This basketball activity is a lot of fun to integrate with skating. It allows the students to improve their basketball and skating skills together at one time. It is a great exercise to enhance the student's overall balance and coordination.

- 1 Divide class evenly into 4 teams. (This may vary due to the facilities you have available and/or the number of students participating.)
- 2 Each team will shoot at the basket that is located diagonally across the gym. (See Diagram Below)
- 3 Each team should have equal distance to travel to make a basket. (Note: A recommended starting spot for each of the 4 teams would be at the corners of the sidelines and endlines of a regulation size basketball court)
- 4 Each team has one basketball and only 1 person from a team participates at a time. (I.E. – 4 teams = 4 players competing against each other.)
- 5 The objective of this game is to skate diagonally across the gym floor and be the first person to make a basket in the designated hoop. Whoever makes the 1st basket receives points for their team (The teacher decides how many points per basket.) As soon as the 1st person makes a basket the other players stop shooting.
- 6 After 1 person makes a basket, the other players stop shooting and everyone brings their basketball back to their team's corner and gives the ball to the next person in line. Then the teacher is ready to start the next group of players.

