



Skating Noodle Tag – contributed by Zach Kelley

Game Play:

- Give 3 students a Mini-Noodle... they will be taggers.
- All skaters must move in the same skating direction.
- Taggers will skate and tag non-taggers on the shoulders with a mini-noodle.
- Skaters can only be tagged when they are inside the “Tag Zone.” Place floor tape, cones, or poly spots, or poly line markers on the floor to mark the “Tag Zone.” Refer to the diagram.
- If a skater is tagged... he or she must go the side road and complete 5 exercise movements of the teacher’s choice (crunches, push-ups, etc...). After the student completes the exercise... he or she can stand and return to skating.
- As the activity continues, the teacher can add more noodles to the game...
- Safe skating will be enforced... skaters are not allowed to stop at any point... they must continue moving in a safe manner... any skater not demonstrating safe skating skills can be moved to the side road at any time.
- Add “Reverse” to the game once all skaters understand how the game is working.

